## **CLAIMS**

- 1. Meat products comprising fat contents less than halves of those of conventional meat products and soy protein, and possessing plasmacholesterol/suppressing property.
- The meat products claimed in claim 1, wherein the meat products comprise approximately the same contents of vegetable oil and animal fat as lipids.
  - 3. The meat products claimed in claim 2, wherein the vegetable oil is at least one of soy-bean oil, rape-seed oil, safflower oil, sesame oil, and rice-bran oil.
  - 4. The meat products claimed in claim 2, wherein fatty-acid composition (%) of lipids are myristic acid, 0.5 - 1.5, myristoleic acid, 0 - 0.2; pentadecanoic acid, 0; palmitic acid, 13:0 - 22.0; palmitoleic acid, 1.5 - 2.5; heptadecanoic acid, 0 - 0.3; heptadecenoic acid, 0 - 0.3; stearic acid, 5.0 - 9.0; oleic acid, 24.0 - 60.0; linoleic acid, 9.0 - 45.0; linolenic acid, 0.2 - 6.0, arachidic acid, -0.1 - 1.0; icosenoic acid, 0.2 - 1.0; and arachidonic acid, 0 - 0.2.
  - The meat products claimed in claim, wherein the meat products comprise 1 to 20 g of sox protein against 100 g of the products.
  - The meat products claimed in claim 5, wherein the soy protein is soy protein isolate.
  - The meat products claimed in any of claims I to 6, wherein the meat products are sausages of pork sausage, Wiener sausage, Frankfurt sausage, Bologna sausage and the like, loaves, hams, bacons, corned beef, hamburg steak, meat balls (such delicatessen as Gyoza and Shumai, fresh sausages, bratwursts, ground meat, and seasoned meat.
  - 8. A use method comprising administration of the meat products claimed in claim 1 to man.
  - 9. The use method of the meat products claimed in claim 8, wherein lipids in the meat products comprise approximately the same contents of vegetable

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10. The use method of the meat products claimed in claim 8 or 9, wherein the meat products are sausages of pork sausage, Wiener sausage, Frankfurt sausage, Bologna sausage and the like, loaves, hams, bacons, corned beef, hamburg steak, meat balls, such delicatessen as Gyoza and Shumai, fresh sausages, bratwursts, ground meat, and seasoned meat.

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